**St. Louis Behavioral Medicine Institute**

**Eating Disorders Program**

16216 Baxter Road, Suite 205; Chesterfield, MO; 63017

Phone: (636) 532-9188 Fax: (636) 532-9951

**Adult Medical Intake Recommendations**

Due to the health risks associated with eating disorders, we recommend that patients under our care are working closely with their physician and have recent lab work to assess for potential medical complications.

* If you have recently (within the last month) done the following bloodwork for your patient, we request that you fax us those results.
* If labs have not been done recently, we ask that if possible you could order the following and fax us the results.

**Required:**

* Complete Blood Count
* Fasting Lipid Panel
* Complete Metabolic Profile (liver & kidney function, electrolytes, total protein, & albumin)

**Optional:**

* EKG
* Prealbumin
* Magnesium
* Vitamin D (25-hydroxy)
* Phosphorus
* TSH
* Amylase
* Vitamin B12/ Folic Acid
* Bone Density Screening (only recommended for more compromised or chronic patients)

**We appreciate your collaboration. Please do not hesitate to call with any questions or concerns.**

**Fax number (636) 532-9951**